

Note: To ensure the data you enter is saved, please **download the form** and fill it out in a dedicated PDF viewer (like Mac's Preview or Adobe Acrobat/Reader). If you fill out this form in your browser (i.e. Chrome's PDF preview), you must click "Print", then **"Save as PDF"** to save the completed form!

## Mindful Living Course Registration Form

To register for a Mindful Living course, please send this completed form either by email to **mindfullivingbc@gmail.com** or by post to **Mindful Living, 203A-2678 W. Broadway, Vancouver, BC V6K 2G3**. Please see the "register" page on the website for payment options.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Telephone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (cell) \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ (for course-specific information only)

Course I am applying for: \_\_\_\_\_ Start date: \_\_\_\_\_

How did you hear about this course? \_\_\_\_\_

What experience do you have with meditation, if any? \_\_\_\_\_

Are you currently seeing a therapist?    Yes        No

Therapist's name: \_\_\_\_\_

GP's Name: \_\_\_\_\_

Emergency contact name & phone: \_\_\_\_\_

Payment method or amount enclosed: \_\_\_\_\_

Thank you.

**(Business No. 82428 3527 RT0001)**

I am aware that some courses may involve gentle yoga or mindful movement. During such activities, I am encouraged to move as much or as little as I am comfortable with (with prior consultation with a medical professional, if I feel this is necessary). I assume all risk of damage or injury that may occur to me while participating in a Mindful Living course and while on the premises at which the class is held. In consideration of being accepted into a program, I release and discharge Mindful Living and its agents from all claims resulting from my participation therein.

I am also aware that course refunds are given for cancellations made up until **two weeks** before class start date, less a **\$75** dollars processing fee. After that time, we regret that no refunds will be issued.

**I agree to this assumption of risk and release.**

Signed

Today's date

Updated 16 March 2017